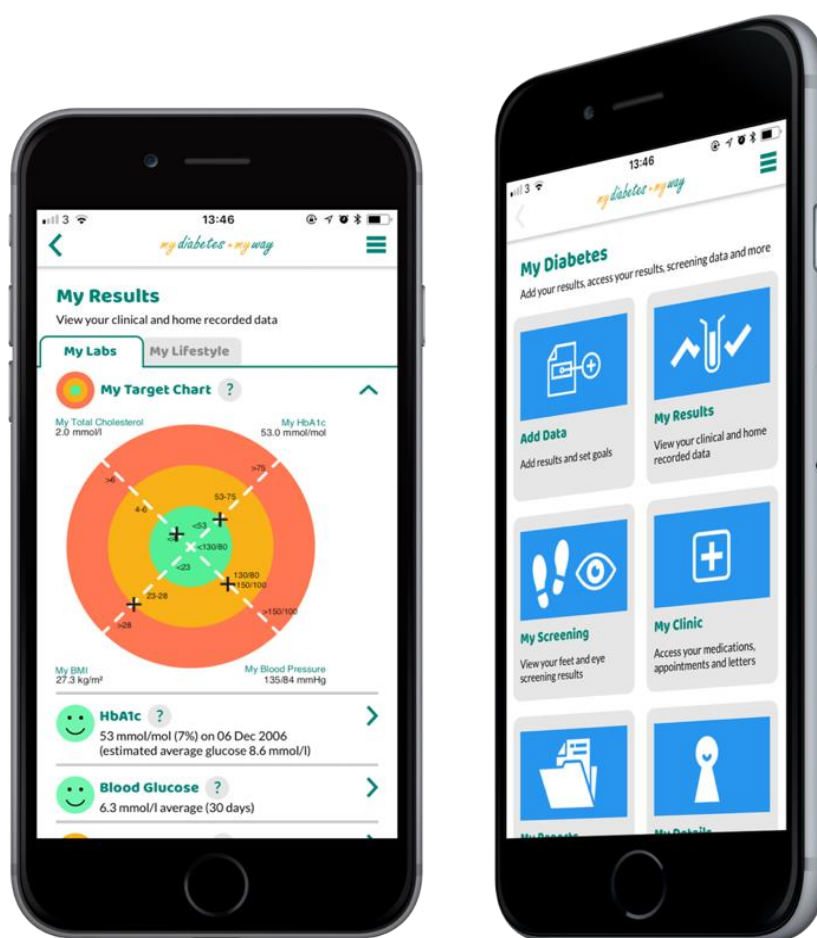


My Diabetes My Way App Set-up Guide

Thanks for your interest in the My Diabetes My Way (MDMW) mobile app. This short guide outlines the steps required to install and get setup on the app.

This page will take you on a step by step guide to setting up the My Diabetes My Way app. For frequently asked questions about the My Diabetes My Way app please see our FAQs page [here](#). If you have problems with the set-up process feel free to contact us on mydiabetesmyway@nhs.net and we will be happy to help.

The My Diabetes My Way app is only currently available for users registered with a GP in Scotland. We hope to support more locations in future. For updates on future developments please like us on [Facebook](#) or follow us on Twitter [@MyDiabetesMyWay](#).

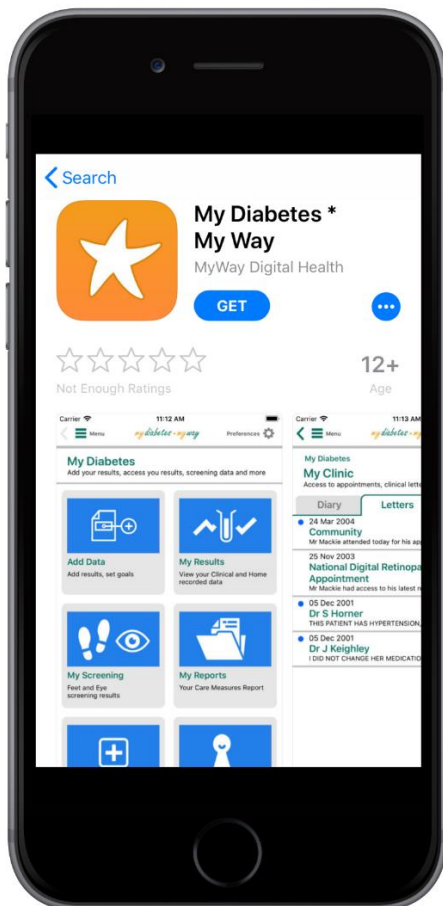


Step 1:

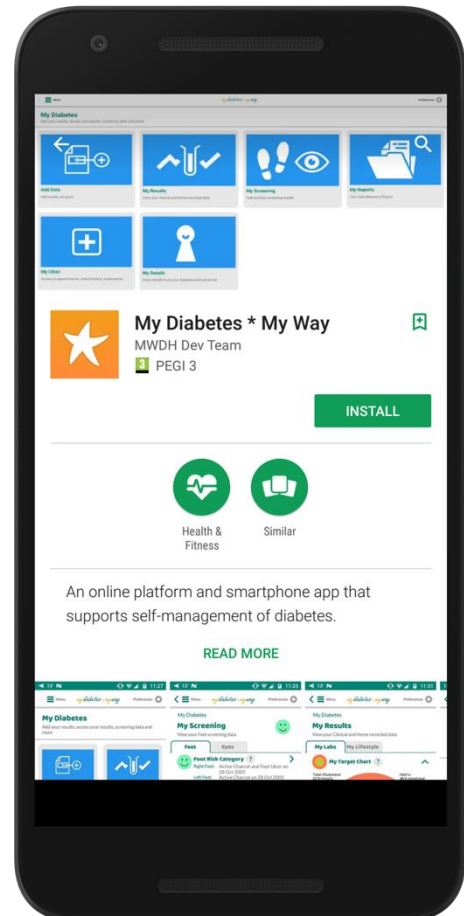
Download the My Diabetes My Way App on the App Store for Apple devices or the Google Play Store for Android devices.

To find the app on the App store click [here](#), for the Google Play Store click [here](#). Search 'My Diabetes My Way' on the App Store or Google Play Store.

Select 'GET' on the App Store or 'INSTALL' on the Google Play Store to download the app. Once the app is downloaded please continue to **Step 2**.



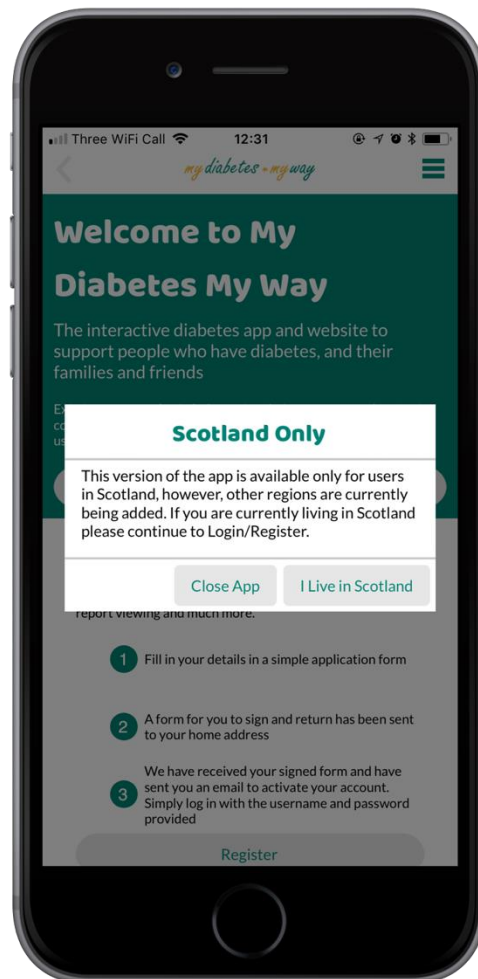
Apple App Store



Google Play Store

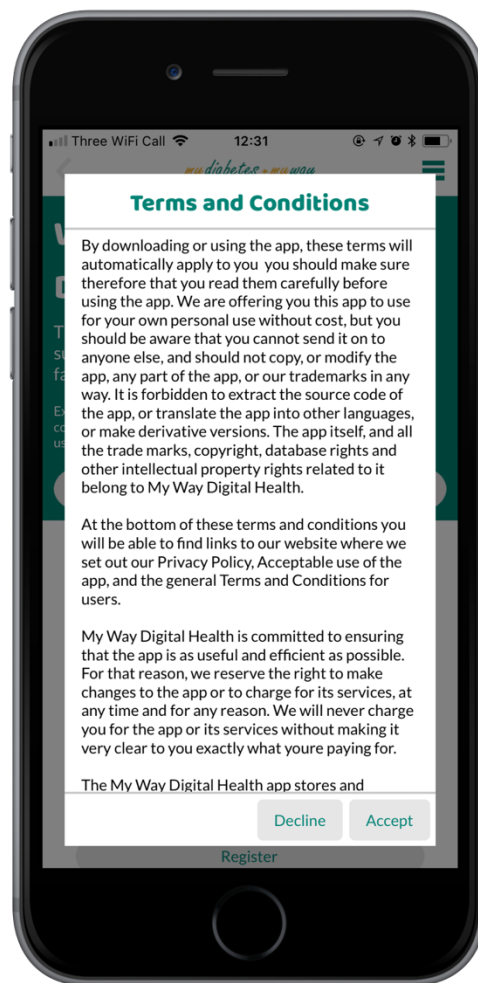
Step 2:

Open the My Diabetes My Way App. You will see the screen pictured below. If you live in Scotland please click the 'I Live in Scotland' option and continue to **Step 3**. The My Diabetes My Way app is only currently available for users registered with a GP in Scotland. We hope to support more locations in future.



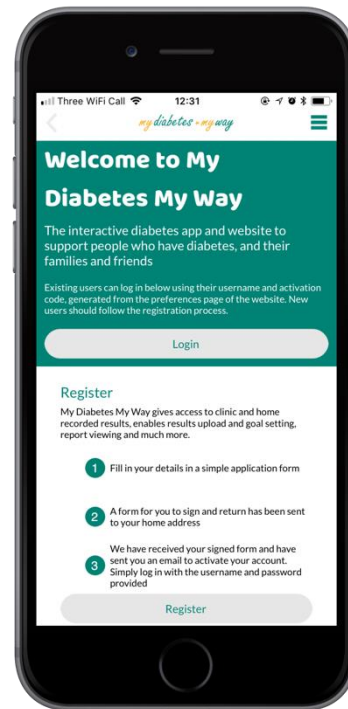
Step 3:

Please read our Terms and Conditions. If you are happy then please select 'Accept' and continue to **Step 4**. If you have any questions about our Terms and Conditions feel free to contact us at mydiabetesmyway@nhs.net.



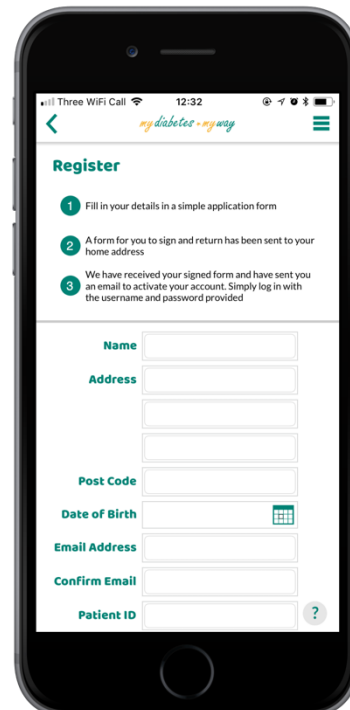
Step 4:

You will then arrive on our login/register screen (pictured to the right). If you have a My Diabetes My Way account then please select 'Login' and proceed to **Step 5**.



If you do not already have a My Diabetes My Way account then select 'Register'. You will be directed to a registration form (pictured to the right).

Please complete this form and select 'Submit Registration Details'. As outlined in the steps at the top of the screen a form for you to sign and return will then be sent out to your home address. Once we have received your form we will send you an email with instructions to activate your account.

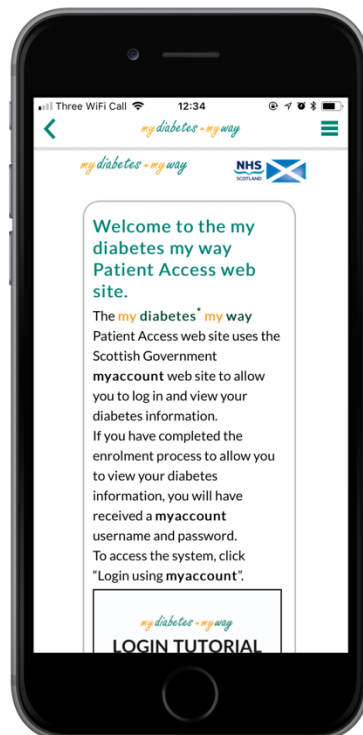
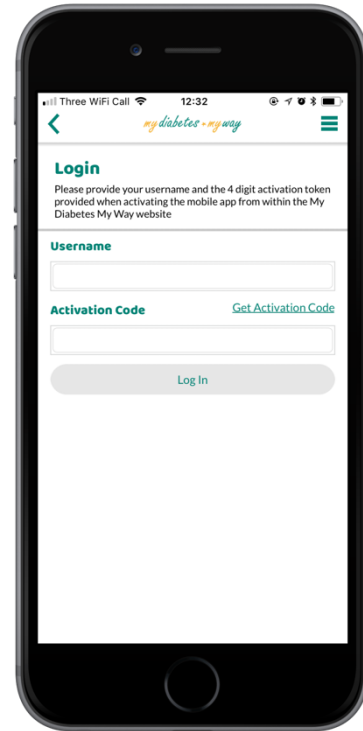


Step 5:

You will then arrive on the login screen (pictured to the right). To login to the My Diabetes My Way App you must provide your username and a validation code.

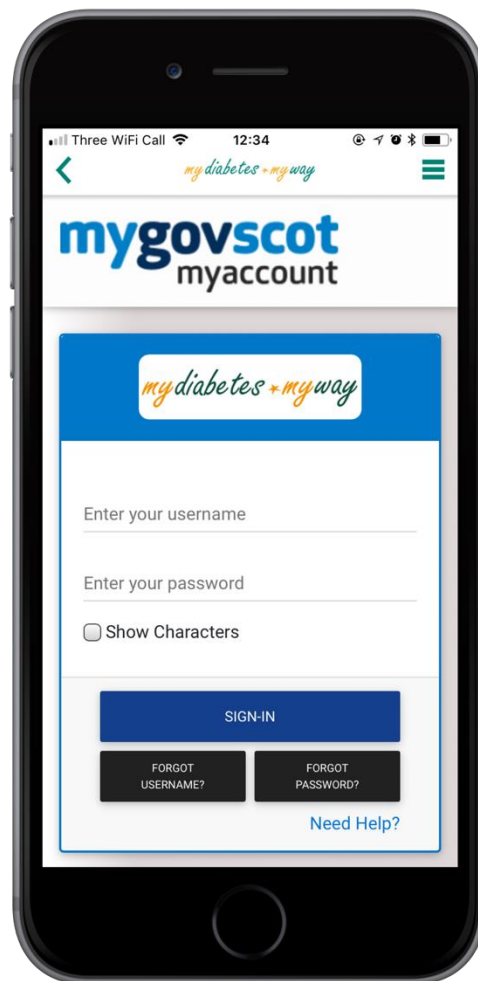
Your validation code can be accessed by selecting the get activation code link. Select this link and you will arrive on the page pictured below. Scroll to the bottom of this page and select 'Login using my account' and continue to **Step 6**.

Your validation code is also accessible via the My Diabetes My Way website. On the website, login to your account, select My Services and click 'Grant Consent' and check the checkbox to access your validation code.



Step 6:

You will arrive on the page pictured below. Please login using your mygovscot myaccount username and password that you normally use to login to My Diabetes My Way and select 'SIGN-IN'.



Your username and activation code will then display. **Please take a note of this.** Use the back arrow in the left hand corner of the screen to navigate back to the Login screen. You can then input your username and activation code and select 'Log in' and see **Step 7.**

Step 7:

Welcome to the My Diabetes My Way App! View your electronic personal health record and access diabetes educational information on the go. Please feel free to leave feedback in the Feedback section and leave a review on the App Store or Google Play Store. We hope you enjoy the My Diabetes My Way Mobile App.



iPhone images created using MockUPhone.