

# Somerset Diabetes Foot Integrated Pathway

## Annual Diabetes Review at GP Practice\*

Also for patients with a new foot problem or newly diagnosed diabetes

Perform a foot examination with shoes and socks/stockings removed

Test sensation using 10g monofilament

Palpate foot pulses

Inspect for deformity and callus

Inspect for ulceration

Inspect footwear

Ask about pain

Triage to appropriate risk stratification category

### Low Risk

No risk factors except callus

- Normal sensation
- Normal pulses

Give written advice<sup>§</sup>

Organise 6 or 12 month **review** at GP practice

### Increased Risk

One risk factor present

- Deformity *or*
- Neuropathy *or*
- Non-critical ischaemia

Give written advice<sup>§</sup>

Refer to Somerset Community Podiatry Service\* (FPT)

To be **reviewed** in 3-6 months by FPT and advised to call Somerset Community Podiatry service if feet deteriorate before next appointment

### High Risk

- Previous ulcer
- Previous amputation
- On renal replacement therapy
- Neuropathy *plus* non-critical ischaemia
- Neuropathy *plus* callus and/or deformity
- Non-critical ischaemia *plus* callus and /or deformity

Give written advice<sup>§</sup>

Refer to Somerset Community Podiatry Service\* (FPT)

To be **reviewed** in 1-3 months by FPT and advised to call Somerset Community Podiatry service if feet deteriorate before next appointment

### Active/Ulcerated Foot

- New ulceration, swelling or discolouration
- Deteriorating chronic ulcers

Give leaflet and advise to call Somerset Community Podiatry Service if foot deteriorates before appointment<sup>§</sup>

Refer **URGENTLY** to Somerset Community Podiatry Service (email labelled urgent or GP phonenumber 01749 836518) to be seen in an Ulcer Clinic within 24 hours by a Community Member of the MDFT for assessment and decision to manage in community, refer to hospital-based MDFT or arrange admission  
**Once healed**, step down to regular Community Podiatry reviews  
**If required**, refer on to vascular surgery, orthopaedics or orthotics

### Emergency Conditions

Systemic infection with or without ulceration **arrange urgent admission** via Somerset Primary Link (SPL) **01749 836700** at Taunton, Yeovil, Bath or Weston

Infected gangrene or acute foot ischaemia refer to Vascular Team at Taunton via SPL **01749 836706**

**FPT** – Foot Protection Team provided by Somerset Community Podiatry Service

**MDFT** – Multidisciplinary Foot Team provided by joint working between Somerset Community Podiatry Service, YDH and TST

**ANTIBIOTIC GUIDELINES** available [here](#)

**Somerset Partnership Community Podiatry**  
**Mon-Fri 08.30 – 15.00**

Chard Booking Office  
01460 247555

[PhysiotherapyMSKandPodiatryChard@sompar.nhs.uk](mailto:PhysiotherapyMSKandPodiatryChard@sompar.nhs.uk)

Bridgwater Booking Office  
01278 436733

[PhysiotherapyMSKandPodiatryBridgwater@sompar.nhs.uk](mailto:PhysiotherapyMSKandPodiatryBridgwater@sompar.nhs.uk)

<sup>§</sup> Leaflets can be downloaded at XXXXXXXXXXXXXXXXXXXXX

\*Practitioner to be competent as per National Skills Framework guidance –

[https://diabetes-resources-production.s3-eu-west-1.amazonaws.com/diabetes-storage/migration/pdf/NMSF\\_16Feb2011.pdf](https://diabetes-resources-production.s3-eu-west-1.amazonaws.com/diabetes-storage/migration/pdf/NMSF_16Feb2011.pdf)